



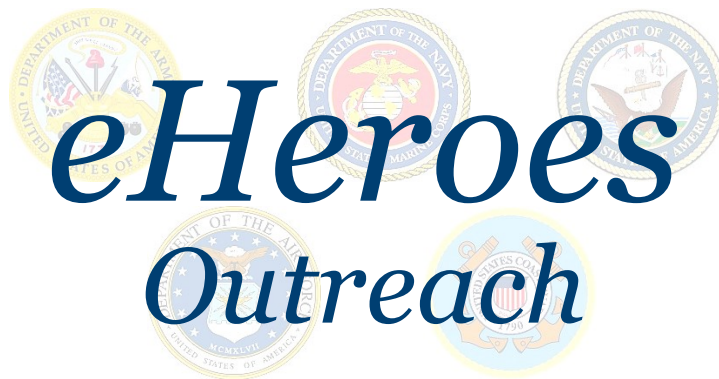
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Director
Timothy J. Cooke



[Click here for directions
www.martinsburg.va.gov](http://www.martinsburg.va.gov)



Happy New Year!

2014 was a year of change and transition for the VA; and we met these challenges head on. We are continuing to increase access and expand services for our Veterans. The medical center has some big things happening in 2015—our new OEF/OIF/OND clinic will open, the Franklin Contract Community Based Outpatient Clinic will transition into a new location with VA staff and the Internet/Satellite Café will open to provide a space for our Veterans and staff to relax. Happy New Year's from our Martinsburg VA Medical Center family to yours.

January 2015



Meet Your Team

Tracy Wingfield-Robinson, Primary Care Social Worker



Meet Tracy Wingfield-Robinson, a primary care social worker at the Martinsburg VA Medical Center. This Washington, DC native started working here in September of 2007 and serves as a substitute on the Cancer Committee and is a presenter for Patient Orientation. "I enjoy working with Veterans and having the opportunity to help them achieve their goals," said Wingfield-

Robinson, when asked what she most enjoyed about her job. She graduated from Virginia Commonwealth University in 1999 with her Masters of Social Work degree. In her free time, she enjoys roller skating, picture puzzles and listening to books on CD. "As a social worker I am able to work with some degree of autonomy and like the sincere appreciation and support I receive from my supervisor and coworkers," said Wingfield-Robinson.

Linda Tech, Compliance and Business Integrity Officer

Meet Linda Tech, the compliance and business integrity officer for the Martinsburg VA Medical Center. This Massachusetts native started her VA career in 2007 at the North Florida/South Georgia VA Health Care System. Tech is a United States Navy Veteran and has a Bachelors of Science in Business Administration and Computer Information Systems from Columbia College in



Jacksonville, Florida. She serves on a variety of committees including the Governing Board, the Executive Counsel for Operations, the Integrated Ethics Committee and the CBI Committee. Her favorite hobby is carpentry and says that some of her best childhood memories are of Saturday mornings working in the garage with her father. "If you know me at all, you know I love to talk," said Tech. "Therefore, teaching and providing assistance with compliance and ethics concerns is what I love most about my job."

Our Clinic Locations

[Cumberland, Md.](#)
[Fort Detrick, Md.](#)
[Hagerstown, Md.](#)
[Harrisonburg, Va.](#)
[Stephens City, Va.](#)
[Franklin, W.Va.](#)
[Petersburg, W.Va.](#)

Quick Tips

Want to make healthier choices in 2015?

Consider joining the MOVE! Program.



To learn more, please call 304-263-0811, ext. 3115, or click [here](#).



VA Firefighters Provide Mutual Aid



On October 28, firefighters from the Martinsburg VA Medical Center (VAMC) Fire Department displayed their unwavering support and dedication to our community by assisting in a mutual aid call. The Martinsburg VAMC Fire Department was called to assist near a mountain fire in Harpers Ferry National Historical Park. As units started to maneuver out into the woods the condition worsened. A “mayday” was heard over the radio from a firefighter who had fallen over the edge of a cliff and was injured. Firefighters from the Martinsburg VAMC were one of the departments to respond because of our specialized equipment. “It changes our mindset when you hear it’s one of your own,” said Scott Sanders, Martinsburg VAMC firefighter/EMT. “The game changed when we got there,” said Wesley Mendoza, Martinsburg VAMC firefighter/EMT. The rescue team assessed the situation and location of the “mayday” call. To read more about this heroic rescue, please click [here](#).

New My HealtheVet Feature

VA announced a new feature on My HealtheVet: Online VA Prescription (Rx) Tracking.

With *Track Delivery* on My HealtheVet you can:

- Track delivery of a VA prescription online
- Know when your prescription package is scheduled to arrive
- View details about Rx tracking information
- Know what’s included in the delivery package.



The Consolidated Mail Outpatient Pharmacy has begun to insert one million My HealtheVet Rx Refill Tracker announcement cards in the packages they mail out. This mass mail-out effort will run through January 23, 2015. If you’re not already registered, enroll today at www.myhealth.va.gov.

Burn Pit Registry



Some Veterans have reported respiratory symptoms and health conditions that may be related to exposure to burn pits. VA is doing something about it. In June 2014, VA launched the “Airborne Hazards and Open Burn Pit Registry” for Veterans who served in Iraq, Afghanistan, or Southwest Asia after August 2, 1990. As a Marine serving in Iraq, Rebecca Crawford was more concerned with returning from her tour with “two arms and two legs” than the fumes she was breathing while operating her unit’s open burn pit. In addition, during deployment she was exposed to poor air quality and frequent dust storms. Now – 10 years later – she has no known effects from exposure, but wonders if there will be long-term health consequences. “A registry would make it possible for VA to contact me and say that we know you were exposed to burn pits and this is what you should be thinking about now,” said Crawford. “It’s helpful to be able to receive updated information from VA about the long-term effects of burn pits on my health.” Encourage Veterans to create a snapshot of their health to easily identify changes over time, and help VA learn about the long-term effects of exposure to burn pits and other hazards: click [here](#).



VA
HEALTH
CARE | Defining
EXCELLENCE
in the 21st Century